

# How to Triumph Like a Girl

By Ada Limón

I like the lady horses best,  
how they make it all look easy,  
like running 40 miles per hour  
is as fun as taking a nap, or grass.  
I like their lady horse swagger,  
after winning. Ears up, girls, ears up!  
But mainly, let's be honest, I like  
that they're ladies. As if this big  
dangerous animal is also a part of me,  
that somewhere inside the delicate  
skin of my body, there pumps  
an 8-pound female horse heart,  
giant with power, heavy with blood.  
Don't you want to believe it?  
Don't you want to lift my shirt and see  
the huge beating genius machine  
that thinks, no, it knows,  
it's going to come in first.

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