

# Hymn to God, My God, in My Sickness

By John Donne

Since I am coming to that holy room,  
Where, with thy choir of saints for evermore,  
I shall be made thy music; as I come  
I tune the instrument here at the door,  
And what I must do then, think here before.

Whilst my physicians by their love are grown  
Cosmographers, and I their map, who lie  
Flat on this bed, that by them may be shown  
That this is my south-west discovery,  
*Per fretum febris*, by these straits to die,

I joy, that in these straits I see my west;  
For, though their currents yield return to none,  
What shall my west hurt me? As west and east  
In all flat maps (and I am one) are one,  
So death doth touch the resurrection.

Is the Pacific Sea my home? Or are  
The eastern riches? Is Jerusalem?  
Anyan, and Magellan, and Gibraltar,  
All straits, and none but straits, are ways to them,  
Whether where Japhet dwelt, or Cham, or Shem.

We think that Paradise and Calvary,  
Christ's cross, and Adam's tree, stood in one place;  
Look, Lord, and find both Adams met in me;  
As the first Adam's sweat surrounds my face,  
May the last Adam's blood my soul embrace.

So, in his purple wrapp'd, receive me, Lord;  
By these his thorns, give me his other crown;  
And as to others' souls I preach'd thy word,  
Be this my text, my sermon to mine own:  
"Therefore that he may raise, the Lord throws down."